

Study on: The Sociocultural influences on boys' and men's attitudes and behaviours toward eating, weight, and body image

PRINCIPAL INVESTIGATORS

Dominique Meilleur, M.Ps., Ph.D., Professor in the department of psychology,
University of Montreal

Olivier Di Pietrantonio, B.A., Doctoral candidate (Ph.D research and intervention),
Department of psychology, University of Montreal

Description of a research project taking place at *l'Université de Montréal*.

Aim of the study: to evaluate boys' and men's attitudes and behaviours toward eating, weight, and body image, and to explore the association between these attitudes and behaviours and various sociocultural influences.

Participants wanted: Boys and men ages 14 to 30.

Procedure: If you agree to participate in this research project, you will be invited to fill out a series of self-report questionnaires, most of which are multiple-choice format. These questionnaires will be available online.

Why participate?: Your participation will contribute to a better understanding of boys' and men's attitudes and behaviours toward eating, weight, and body image, and of the potential influence of certain sociocultural factors on these attitudes and behaviours. Furthermore, the results of this study could potentially inform programs aiming to detect and prevent body image and eating concerns.

To participate in this research project, please use the following URL:

<http://form.simplesurvey.com/f/l/bodyimage>

For more information, please contact Olivier Di Pietrantonio:

olivier.di.pietrantonio@umontreal.ca
(514) 343-6111 ext. 3870

This research project has been approved by the *Comité d'éthique de la recherche en arts et en sciences de l'Université de Montréal* (CERAS).

Project number: CERAS-2017-18-052-P